



THE GREATEST ARMENIAN ATHLETES SESSION PLAN

Duration: 60 minutes (or as appropriate for your curriculum)

Description:

This knowledge-based session is designed for children ages 8-14, during which they will delve into the world of Armenian athletes who have conquered and excelled at different sports, including weightlifting, wrestling, chess, football/soccer, boxing, tennis and gymnastics.

Many Armenian athletes have been a source of inspiration and served as role models to young children. They have marked their success not only in Armenia but also around the world. In this session, children will learn about the history of sports in Armenia and the various prominent athletes in Armenia and Diaspora who have achieved great successes. Through this session, children will appreciate the importance of sports and how merging it with national identity can lead to international wonders.

The plan and worksheets are downloadable in PDF format. If you have difficulty downloading the materials or are interested in a separate PowerPoint presentation, please reach out to us at armat@agbu.org and we will be happy to help.

AGBU Armat is designed to bring youth together for monthly virtual meetups to connect and socialize with other children around the world in a secure social network environment. Guided by educational instructors, participants follow the traces of our history and culture, discovering new facts and hidden treasures of Armenia. Through engaging activities, they meet famous and entertaining guest speakers, build social skills, and create lasting friendships.

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THE GREATEST ARMENIAN ATHLETES

AGE 8-12 **LANGUAGE** English **DURATION** 60 minutes

WARM UP ACTIVITY: 5 MINUTES

Ask a few warm up questions related to sports.

*Do you play any sports?
If not, what is your favorite sport or physical activity?
And who is your favorite athlete?*

MATERIALS

N/A

ACTIVITY ONE: 2 MINUTES

Screen the engaging PowerPoint presentation to play the intruder game and guess the blurred picture refer .

You can skip the PPT game if you don't have the needed technology.

MATERIALS/TECHNOLOGY

Projector/TV/Smart board
PPT: See **Appendix 1**

ACTIVITY TWO: 35 MINUTES

Screen the Greatest Armenian Athletes PowerPoint presentation (refer to *Appendix 2*) to delve into the world of Armenians who have conquered and excelled at different sports, including weightlifting, wrestling, football/soccer, boxing, and gymnastics.

You can skip the PPT and share some important and interesting facts about The Greatest Armenian Athletes (refer to Appendix 3).

MATERIALS/TECHNOLOGY

Projector/TV/Smart board
PPT: See **Appendix 2**
PPT Script: **Upon request**

Fun Facts: **Appendix 3**

ACTIVITY FOUR: 15 MINUTES

Distribute the trivia handout (refer to *Appendix 4*) and have children find the correct answers.

The activity is more fun when you do it as a pair or a group competition. Divide the group into pairs or small groups, distribute the trivia handout, set 10 minutes for the children to finish the quiz. Those pairs or groups who have the most correct answers, become the winners.

MATERIALS/TECHNOLOGY

Trivia Handout: See **Appendix 4**
Some pencils and erasers

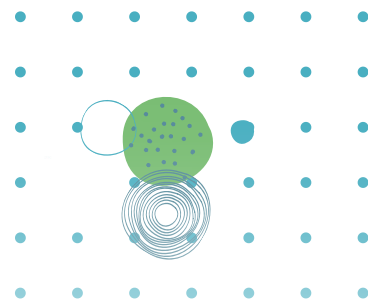


THE GREATEST ARMENIAN ATHLETES



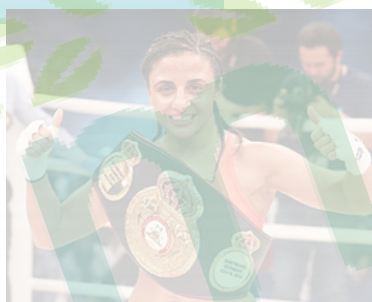
ARTHUR ALEXANIAN - WHITE BEAR

Arthur Alexanian is the most renowned and decorated Armenian Greco-Roman wrestler of the 21st century. He is an Olympic Champion, a four-time World Champion and a six-time European Champion.



SUSI KENTIKIAN - KILLER QUEEN

Susi Kentikian was named the first ever WBA female Super Champion during the 2009 World Boxing Association convention in Colombia. It was announced that this belt would be called "**Susi Kentikian belt**" for all other future Super Champions.



**DID YOU
KNOW?**

Historical records indicate that two Armenian princes, who later became kings participated in the original ancient Olympic games – **Trdat III** having won at wrestling during the 265th Olympics held in 281 AD, and **Varazdat**, who won the boxing event of the 291st Olympics, held in 385.

Tigran Petrosyan is an Armenian chess player who learned to play chess at the age of 8 and brought a widespread recognition of chess in Armenia after becoming the World Chess Champion from 1963 to 1969.

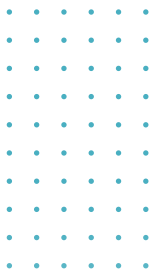


TIGRAN PETROSIAN - IRON TIGRAN

LEVON ARONIAN

Levon Aronian is an Armenian world-known chess prodigy, who earned the title of grandmaster in 2000, at age 17.





YURI DJORKAEFF

Youri Raffi Djorkaeff is a French Armenian footballer/soccer player who was the first Armenian to be crowned a World Cup winner. In his career, Djorkaeff scored 225 goals.

KAREN KHACHANOV

Karen Khachanov is a Russian Armenian tennis player whose name steadily went up in the list of ATP (Association of Tennis Professionals). He started playing tennis at the age of three.



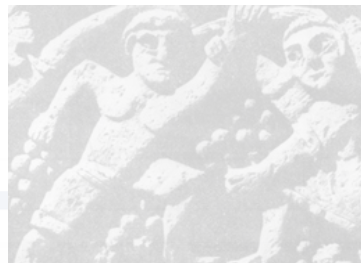
NAZIK AVDALIAN



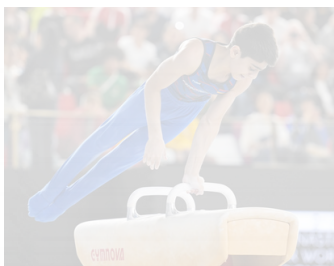
In the weightlifting world, Nazik Avdalyan is known to be the first-ever woman from Armenia to win a world championship in any sport.

DID YOU
KNOW!

Kokh /Կոխ/ is an ancient form of wrestling that has its origins in the Armenian Highlands and is believed to be at least **1,500 years old**.



BREAKING NEWS



15-year-old Hamlet Manukyan became two-time world champion in the Rings exercise final, and became a gold medalist with 13.633 points at World Artistic Gymnastics Championships held in Antalya, Turkey in April, 2023.





THE GREATEST ARMENIAN ATHLETES



ARMENIAN ATHLETES CONQUERING THE WORLD OF SPORTS



WRESTLING

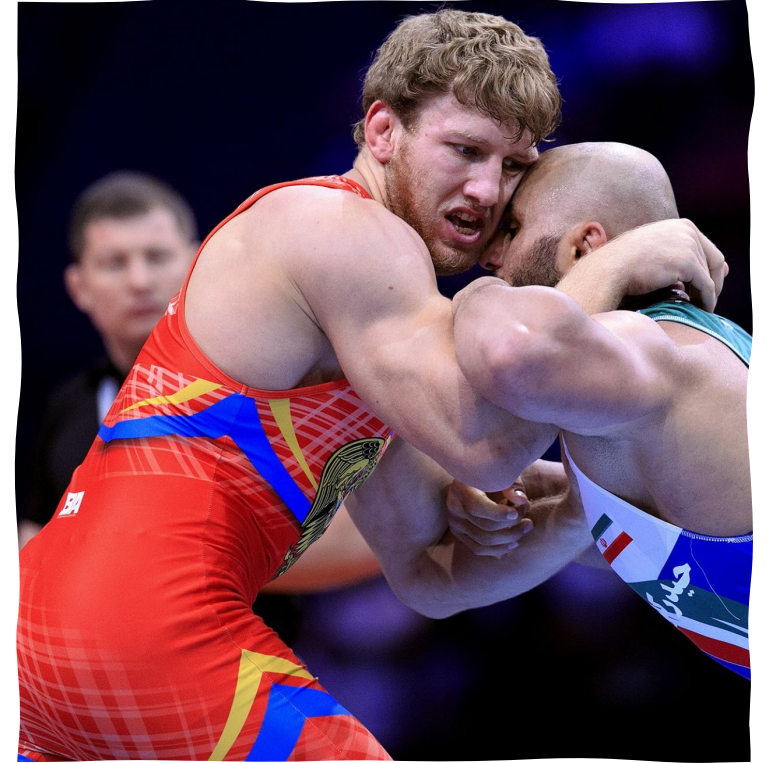
ԸՄԲՇԱՍԱՐՏ





1,500 years old

ԿՈՔԻ/ՎՈՒ



ARTHUR ALEXANYAN – WHITE BEAR

Olympic Champion (2016) and bronze medalist (2012), a three-time World Champion (2014, 2015, 2017), and a four-time European Champion (2012, 2013, 2014, 2018)



BOXING
Ձեռնամարտ
Կռփամարտ

ARTHUR ABRAHAM - KING ARTHUR



Fought **53** times with **47 wins**
6 losses

Name: _____

THE GREATEST ARMENIAN ATHLETES

Circle the correct answer :

1. WHAT KIND OF SPORT IS KOKH?

A. Weightlifting
C. Wrestling

B. Swimming
D. Boxing



2. THE 2 ARMENIAN ROYALS WHO PARTICIPATED IN THE ANCIENT OLYMPIC GAMES WERE TIRDAT III AND LEVON I.

A. True B. False

3. WHO IS THE MOST RENOWNED ARMENIAN GRECO-ROMAN WRESTLER?

A. Arthur Abrahamyan
C. Susi Kentikian

B. Arthur Alexanyan
D. Nazik Avdalian



4. WHAT WAS NAMED AFTER THE PROFESSIONAL BOXER SUSI KENTIKIAN?

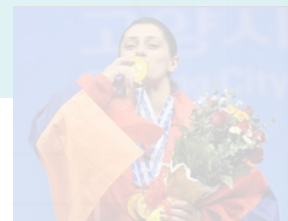
A. the boxing ring
C. the boxing shorts

B. the boxing gloves
D. the boxing belt

5. NAZIK AVDALIAN WAS THE FIRST-EVER WOMAN FROM ARMENIA TO WIN A WORLD CHAMPIONSHIP IN...

A. tennis
C. wrestling

B. weightlifting
D. boxing



6. WHAT IS THE NICKNAME OF CHESS GRANDMASTER TIGRAN PETROSIAN?

A. Tiger Tigran
C. Iron Tigran

B. Lion Tigran
D. Golden Tigran

7. AT WHAT AGE DID LEVON ARONIAN EARN THE TITLE OF CHESS GRANDMASTER?

- A, 25
- B. 39
- C. 17
- D. 28

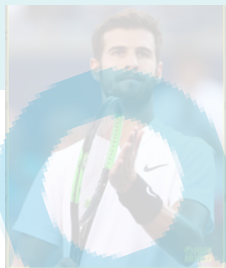


8. WHAT IS ALBERT AZARYAN'S FAMOUS GYMNASTICS MOVE CALLED?

- A, Azaryan Jump
- B. Azaryan Cross
- C. Azaryan Roll
- D. Azaryan Lift

9. ANDRE AGHASSI IS A PROFESSIONAL ATHLETE IN WHAT SPORT?

- A, soccer
- B. basketball
- C. tennis
- D. swimming



10. AT WHAT AGE DID KAREN KHACHANOV START PLAYING TENNIS?

- A, 3
- B. 13
- C. 6
- D. 16

11. WHAT FOOTBALL CLUB DOES HENRIKH MKHITARYAN CURRENTLY PLAY FOR?

- A, Manchester United
- B. AS Roma
- C. Inter Milan
- D. Shakhtar Donetsk



12. YOURI RAFFI DJORKAEFF IS A FAMOUS...

- A, Tennis player
- B. Soccer player
- C. Chess player
- D. Basketball player