

# DO IT YOURSELF



## HOMEMADE PLAY-DOUGH

### Ingredients

- 1 cup of water
- 1 cup of flour
- ½ cup of salt
- 1 teaspoon of lemon salt **OR** 2 tablespoons of cream of tartar
- 1 tablespoon of vegetable oil
- ½ teaspoon of liquid food coloring -light brown or copper or ivory (optional)
- ½ teaspoon of vanilla (optional)

### Some Tools You'll Need To Make the Play-Dough

Measuring cups, measuring spoons, saucepan, flour sifter, and wooden spoon.

### Step by Step Instructions

- Mix sifted flour, salt and lemon salt (or cream of tartar) together in a saucepan.
- Add a few drops of food color to water, then stir into the flour mixture.
- Add vegetable oil and stir.
- Heat your burner to medium/low and cook stirring until your play-dough starts to solidify. Don't worry about the lumps. You can work them out later.
- Once the dough starts gathering together around the spoon you know it's done. This may be 20-30 seconds (on a gas stove) or 2-3 minutes (on an electric stove).
- Remove the play-dough from the saucepan and put it on a plate to cool.
- Once it is cooled, knead the play-dough for a minute or two to get out any lumps.
- Put the dough in a ziploc bag and have it ready for the meetup session.